



SACRED HEART SCHOOL

Te Kura o Te Ngākau Tapu

"Sacred Heart School is a Catholic Community enriching and empowering our students for life in the 21st century."

Newsletter: Friday 20 March 2020

Dear Parents and Caregivers

Nau mai haere mai. Talofa lava, Malo e lei lei, Jou sahn, Aubowan, Chao, Hola, Fakalofa atu, Kumusta, Salam Sejahtera

I thought we might need something to smile about! Miss Journee shared this with the staff. Everything you need to know about life, you can learn from Noah's Ark...

1. Don't miss the boat.
2. Remember that we are all in the same boat.
3. Plan ahead. It wasn't raining when Noah built the Ark.
4. Stay fit. When you're 600 years old, someone may ask you to do something really big.
5. Don't listen to critics; just get on with the job that needs to be done.
6. Build your future on high ground.
7. For safety sake, travel in pairs! !
8. Speed isn't always an advantage. The snails were on board with the cheetahs.
9. When you're stressed, float a while.
10. Remember, the Ark was built by amateurs; the Titanic by professionals.
11. No matter the storm, when you are with God, there's always a rainbow waiting.
12. The woodpecker might need to go.



Things have progressed very quickly since the last newsletter. The good thing is that it has not affected the way the children have gone about their learning at school. It is a reminder that children don't need to be exposed to the worries of the adult world but don't need to be sheltered completely as they will have many questions regarding the global situation of the Covid 19 pandemic.

Feel free to share with the students this video if they are feeling anxious or worried.

https://schooltv.me/wellbeing_news/special-report-coronavirus

At school children are constantly reminded of the importance of handwashing and covering their face when sneezing or coughing. As a staff we monitor children closely and have made calls to send children home that appear unwell. As parents you need to play your part by keeping children home if they are unwell. Together we can get through this.

We have taken steps to keep people as safe as possible by cancelling events that could put people at risk. The Internet Safety Seminar at South Intermediate on 30 March has been cancelled, as has the Kahukura Music Festival and the Chorale. We will not be having school assemblies on advice from the Ministry's of Health and Education and have made the decision to cancel our Easter Liturgy at the end of the term. These decisions have not been made lightly.

With so much information and misinformation swirling around about COVID-19, I wanted to share with you what will happen if we were to have a case in our school community. We have been planning for this and are in a position to respond quickly.

- As soon as a case is confirmed in our immediate school community (eg. a student, staff member, or member of their household), the Medical Officer of Health and Ministry of Education will inform me about this, and we will work together to get quick and clear messaging out to you
- If there was a case confirmed of someone in our school, we will likely be asked to close temporarily by the Medical Officer of Health. This will allow time for close contacts to be traced, appropriate testing to be undertaken, and a careful clean of the school to be undertaken.
- If our school does need to close temporarily, we have a plan in place to support student's learning.

We know COVID-19 feels scary and of course people are concerned for the wellbeing of our children. Please be assured that with no case confirmed in our school, your children are safe here.

Good hygiene is a priority at our school, and we are reinforcing this regularly with all students and staff. We know that practicing good hygiene is still the best thing we can all do to prevent illness.

We are getting the most up to date advice and guidance so that we can confidently make informed decisions about the safety and wellbeing of our school community.



<https://covid19.govt.nz/> Please make use of this excellent website.

Symptoms of Covid 19

Many people found this useful.

What is COVID-19?






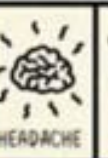





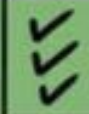

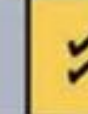


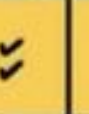




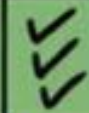

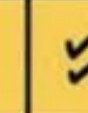








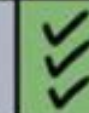
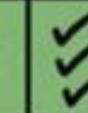






COVID-19 is a new illness that can affect your lungs and airways. It's caused by a type of coronavirus.






The symptoms of COVID-19 are:

- a cough
- a high temperature (at least 38°C)
- shortness of breath

These symptoms do not necessarily mean someone has COVID-19. The symptoms are similar to other illnesses that are much more common, such as cold and flu.

SYMPTOMS OF COVID-19, FLU AND COLD

	 DRY COUGH	 FEVER	 RUNNY NOSE	 SORE THROAT	 BREATH-LESSNESS	 HEADACHE	 BODY ACHE'S	 SNEEZE	 FATIGUE	 DIARRHOEA
COVID -19										
FLU										
COLD										

 FREQUENTLY
  SOMETIMES
  LITTLE
  RARE
  NOT

@SIOUXSIEW @XTOTL thespinoff.co.nz SOURCE: WHO, CDC CC-BY-SA

Home Learning if we close

If we are to close we will provide families with learning tasks that can be completed at home. Children are encouraged to communicate with their teacher if they have internet abled devices. Sheets will come home today based on the Sacred Heart Values. They will be available on Seesaw and can be emailed out by teachers.

PARISH ATTENDANCE DUES

The Parish has sent invoices to all parents for Term 1 2020. [\$95 per child, which includes \$12.50 Special Character]. If you have not already done so, please make payment to the parish in order to clear your account.

Thank you to those families who are making regular payments.
The bank account number to pay into is on all Invoices and Statements.

No School Donations for 2020

As you will be aware decile 1-7 school's were able to opt into a scheme to receive \$150 per child if they did not ask for a school donation. The Sacred Heart School Board of Trustees has opted into this scheme so is not be asking for school donations in 2020.



Policy Review

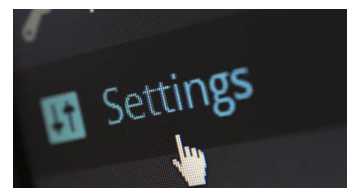
We have all our policies and procedures on School Docs. At present we have a policy on **Recognition of Cultural Diversity** that we would appreciate your feedback on. Please follow the link below and review this policy.

1. Visit the website
<http://sacredheartchch.schooldocs.co.nz/1893.htm> (note that there is no "www"!)
2. Enter the user name (sacred) and password (heart).
3. Follow the link to the relevant policy as listed.
4. Read the policy.
5. Click the Policy Review button at the right-hand top corner of the page.
6. Select the reviewer type "Parent".
7. Enter your name (optional).
8. Submit your ratings and comments.

HOW TO IMPROVE YOUR ONLINE PRIVACY

People increasingly submit more of their data – most likely without thinking – everyday. So it's important to know about the simple things that will improve your privacy and help establish good online safety behaviours. Please view this link to find out more.

<https://www.netsafe.org.nz/how-to-improve-your-online-privacy-and-security/>



Sports News



Last week the year 3 and 4 miniball team had a fabulous 20 point win against a Somerfield team. They showed all the skills they have learnt this season and we were really proud of them. Unfortunately that was the last game for the season so we ask for all singlets to be returned.

Year 5-8 students enjoyed their first Lawn Bowls session at Barrington Bowling Club today.

Fitness is still being held daily before school in the lead up to the cross country at the beginning of next term. We encourage families to be out and about getting active before the brisk autumn weather turns colder.

What Now on Sunday

Tune in to see Sacred Heart children on TV. The group of children that attended the 'Have a Go' athletics day at Nga Puna Wai will be on What Now on Sunday. We are unsure what time their segment will be on but the programme will start from 8.00 am.



Faith Fact

How many saints are recognized by the Catholic Church? There does not seem to be an official number, but it exceeds 10,000. Of course, any person who enters heaven is a saint, by definition, so it is certain the number of actual saints in existence is much greater than the number recognized by the Church.

The **Lord** himself
goes before you
and will be with you;
**he will never leave you
nor forsake you.**
Do not be afraid;
do not be discouraged.

- Deuteronomy 31:8
BibleVerseImages.com



Teacher Only Day Monday 23 March (School Closed)

You will have received a notice and many reminders that school will be closed next Monday. Our first Teacher Only day is to assist teachers around the delivery of the new Digital Technologies curriculum. We are excited to have an educator coming from Nelson to work with all of our staff for the day.

Events

23 March - Teacher Only Day - No school today

24 March - HPV immunisation for Yr 8 children.

9 April - Last day of Term 1

28 April (Tuesday) - First Day of Term 2 (It is the Tuesday as ANZAC day will be recognised on the Monday)

Friday Lunchonline

Parents are encouraged to make healthy choices from the Sushi Factory. Check out the menu. Please visit <https://www.lunchonline.co.nz/> to join up and order for your children.



School App

Make sure you keep up with all communications from school and have the latest update of our School App. Download SchoolAppsNZ from the App Store or Google Play and search Sacred Heart Christchurch



SchoolAppsNZ 4.4
School Apps by Snapp Mobile
Snapp Mobile Limited
#6 in Education
★★★★ 2.4, 76 Ratings
Free

Please make sure you are signed up to our facebook page.
<https://goo.gl/ZOSNPA>

