



# SACRED HEART SCHOOL

Te Kura Ngakau Tapu

"Sacred Heart School is a Catholic Community enriching and empowering our students for life in the 21st century."

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## Newsletter: Thursday 13 September 2018

Dear Parents and Caregivers

Nau mai haere mai. Talofa lava, Malo e lei lei, Jou sahn, Aubowan, Chao, Hola, Fakalofa atu, Kumusta, Salam Sejahtera

Being the Principal of Sacred Heart brings so much joy and satisfaction, especially to see your tamariki performing on the stage in front of so many appreciative friends and family, then being able to share it far and wide over social media. I hear so many horror stories from other Principals that I feel so proud that we have a community of children, family and friends that support us in everything we do. Our children are a credit to their families. No teacher in our school has any problems taking groups of children out on trips, visits, or sports events. So many times I hear so many positive remarks made about our children by teachers and principals from other schools. It is truly humbling to receive this fantastic feedback. Make sure you have a look at our performance. <https://www.youtube.com/watch?v=D7P-DM0p1e4>

Congratulations to all the children that performed so admirably at Horncastle Arena last week. The Filipino group and the Kapa Haka group showed just what our small school is capable of. Mrs Gillamac and Mrs Limcangco were phenomenal in supporting our Filipino group from sourcing and purchasing the beautiful costumes to co-ordinating the routine. We thank Mrs Williams and Miss Goldsworthy and all the other helpers for giving up all their time to prepare the children.

Later in the term we will be hosting a Celebration of Learning, showcasing some of the work the children have undertaken during Term 3. It will also be a time for parents to give us some feedback on areas of the school that they see we could do a little bit better with and ideas for the future. We look forward to receiving some input to help make our place a better place.

## **First Reconciliation/Communion Programme 2018**

The next meeting for children working towards their First Reconciliation and First Communion is on 16 September at 1.00 pm. This is for both the parents and the children - please contact the Parish if you have any questions regarding this. - Judy 3388395



## Sports Update

### Week 6

5/6 Blue A	15-5 win
5/6 Green B	10-4 loss
7/8 Celtics A	13-13 draw
7/8 Green B	14-11 loss

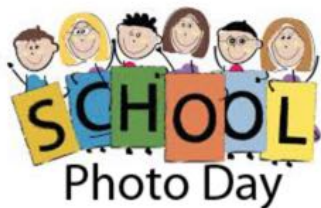


### Miniball

In Week 6, nineteen year 3 & 4 students trialled for our miniball teams that will be playing in Term 4 at Pioneer. They all did a fantastic job and learnt a lot within that one session. Please look out for a notice in their bags to ask for permission for them to attend these games.

### Disco

The children are very excited about the DISCO next week. The theme for the disco was decided upon by the children and will be '**Black and White**'. It will be held in the hall from **5 pm to 7 pm on Friday 21 September**. We ask for a \$2 coin as entry to cover the drink and chips each child will receive. They may want to bring a couple of coins to purchase anything extra. A reminder that the disco is for Sacred Heart children only, we ask that no preschoolers be brought along.



### School Photos Next Week

Next **Thursday 20 September** we will be having our school photos taken. Please ensure your child comes to school in full, clean and tidy uniform.

### Sun Hats

With the onset of the warmer weather and seeing plenty more of that yellow globe in the sky we remind all parents that children must be wearing sun hats in Term 4. The office has hats for sale at \$5 each.

## Sleep

We know that getting enough sleep can be a problem for most of us, and how important it is for our well-being. Below is a link to some information regarding sleep from the Ministry of Health.

<https://www.health.govt.nz/your-health/healthy-living/food-activity-and-sleep/sleeping/helping-children-sleep-better>

### How much sleep your child needs in 24 hours

The table below shows the recommended total hours of sleep per day for children and young people. Some children naturally sleep slightly less or more than these recommended hours.

Age	Recommended (hours)
School age (5–13 years)	9–11
Teenagers (14–17 years)	8–10
Young adults (18–25 years)	7–9

### Two Bedroom Flat Available

We have been advised of a 2 double bedroom flat available for rent in Ward St with a tandem garage. If you are interested please contact the office for details.

### Camp costs for 2019

All year 5-8 children will attend camp early next year. The year 5-6 children will go to Living Springs in Governors Bay and the year 7-8 children will be challenged at the YMCA camp in Wainui. We would like to advise that the cost of these camps will be approximately \$120 per child. This will include the bus, two nights accommodation, activities and meals. Please let Clare know if you would like to make payments for this in advance.

### Absentees and Lateness

If your child is going to be late or absent from school can you please make sure that you let us know, **with the reason for the absence**, before 9.00 am. Either use the SchoolApp or call the office on 3383247

## Christchurch Schools Music Festival Choir



The choir are rehearsing for the Christchurch Schools' Music Festival on 25 October, this festival has featured Christchurch school choirs for over 40 years. Sacred Heart choir will be singing with 29 other choirs, a concert band, symphony orchestra and two auditioned choirs. We hope you are able to come along and support your children, it's always an amazing performance! If you have any

questions about the music festival or rehearsals please contact Miss Caldwell.

Tickets are on sale now through Ticketek, please find seats on the right of the arena so you are in the best place to view the choir.

<http://premier.ticketek.co.nz/shows/show.aspx?sh=MUSICFES18>

## PARISH NEWS

### RECEIPTS for SPECIAL CHARACTER DONATIONS



Each Term parents pay a \$10 Special Character donation as part of the Attendance Dues.

One third of the Special Character donation can be claimed back from the Inland Revenue. If you would like a receipt for this purpose, please contact the parish office - [office.sanctamaria@xtra.co.nz](mailto:office.sanctamaria@xtra.co.nz) or Ph 338 8395.

### PARISH OFFICE HOURS

**The Parish Office hours are as follows:**

**Mon, Wed, Thurs, Fri: 8.30 am—4.00 pm and  
Tuesday 8.30 am—12.30 pm.**

Link to the Parish Website - <https://goo.gl/obKDKn>

## Events

16 September	First Reconciliation Parent and Children Meeting - 1.00 pm Church
20 September	School photos - Full clean uniform please
21 September	School DISCO - 5.00 pm (\$2 entry)
22 September	School choir singing at Saturday Evening Mass (5pm)
24 September	HPV Vaccination for Year 8's
25 September	Celebration of Learning 1.30 pm - 3.00 pm
25 September	Celebration of the Sacrament of Reconciliation - 7.00 pm Church
<b>28 September</b>	<b>End of Term 3</b>
<b>15 October</b>	<b>Start of Term 4</b>
23 October	School Athletic Sports - could be at a new venue!
25 October	Christchurch Schools Music Festival
<b>14 December</b>	<b>End of School Year</b>

**God Bless,  
Frank and the Team at Sacred Heart School.**



### Sacred Heart SchoolApp

Sacred Heart School uses a **Mobile App** for notices, events and other important School messages. To download the app for free on iPhone or Android click this link.

<http://onelink.to/fkk4ze>

Or search the App Store with Sacred Heart Christchurch

Please make sure you are signed up to our facebook page.

<https://goo.gl/ZOSNPA>





Parents are encouraged to make healthy choices from the Sushi Factory or Pita Pit menus for their children from our Friday lunch provider. Please visit <https://www.lunchonline.co.nz/> to join up and order for your children.

**OCTOBER 2018  
HOLIDAY PROGRAMME**  
HILLVIEW CHRISTIAN SCHOOL; HILLMORTON HIGH SCHOOL & GORDON SCOUT HALL, BURNSIDE PARK  
A timetable and full programme information is available online or at the programme venue.  
**Who can attend:** Boys & Girls aged 5-13 yrs

**General Information:** We believe in giving children opportunities to do the things they love and enjoy in a supportive and encouraging environment. Our friendly staff are passionate about working with children. They are provided with training on behaviour management techniques, first aid and activity planning/delivery.

**What do you need to bring:** Shoes and appropriate clothing, jacket or sweater, hat, drink bottle and food for morning tea, lunch and afternoon tea.

**Payment details:** Payment is required before the holiday programme begins. An invoice will be issued when a completed booking is received. All payment details will be included on the invoice.

**Work and Income OSCAR Subsidy:** Parents/carers who meet certain criteria will be able to access a WINZ subsidy to help cover the cost of our programme. For more information visit <http://www.workandincome.govt.nz>

**Please note:** Every care will be taken to ensure the safety of your child/ren and their property. However, organisers of Kelly Sports accept no liability for any injury sustained to your child/ren or any loss or damage to his/her property whilst on the programme. If your child/ren are collected late after the conclusion of the programme you will be charged \$15 per 15 minutes or part thereof.

**Prices & Session Times:**

<b>Full Weeks:</b> \$230 Mon-Fri, 8am-5:30pm	<b>Full Day:</b> \$50 8am-5:30pm	<b>Trip Day:</b> Extra \$15
<b>School Days:</b> \$38 9am-3pm	<b>Half Day:</b> \$28 8am-12:30pm or 1pm-5:30pm	

10% Sibling Discount: SAF9L1FNZ (Hillview); 30RUZG3Q

**Website:** [www.kellysports.co.nz](http://www.kellysports.co.nz)  
**Contact:** Julia Smith  
**Email:** [chcheast@kellysports.co.nz](mailto:chcheast@kellysports.co.nz)  
**Phone:** 021 0814 8755  
**Facebook:** [www.facebook.com/KSportsCHCH](http://www.facebook.com/KSportsCHCH)  
**Address:** Hillview Christian School, Wilsons Rd, St Martins  
Hillmorton High School, Tankerville Rd, Moon Hoy  
Gordon Scout Hall, Burnside Park, Apothood Rd

BOOK ONLINE NOW AT  **KELLYSPORTS.CO.NZ**



**Free Dental Care for Children -  
including special information regarding Year 8 students**

One of our Community Dental Service preventive mobiles will be visiting your school soon.

- We will be aiming to see that all school age children enrolled with the Community Dental Service have their dental check-up in the dental mobile while it is there
- **Year 8 students:** all year 8 students enrolled with the Community Dental Service are transferred from the Community Dental Service to a FREE private dentist from year 9 until their 18<sup>th</sup> birthday. To help with this transition please ensure you have informed your child of their family dentist (not orthodontist). This will enable us to transfer your child onto the correct dentist for year 9 onwards. More information will be sent home after their year 8 check-up.
- To do this we will be asking the school to provide your child's name, address and your contact information.
- The dental therapist will not only be checking the children's teeth but will also Xray, clean, and apply protective treatments fluoride and or Fissure sealants (coating put on teeth to prevent decay) if required
- If your child requires further dental care such as fillings they will bring home a 'Care Plan' which will explain what dental care and appointment times are required
- When you receive the 'Care Plan' please contact our **Call Centre as soon as possible** as you will need to arrange a time to bring your child to one of our Community Clinics for this dental care
- **Please let us know ASAP if you do not wish your child to have any of this care, you can talk to the staff in the mobile or phone/email our Call Centre**
- If you wish to be present at your child's check up this will need to take place at our community clinic so please phone/email our **Call Centre** to make an appointment
- Please contact our Call Centre if you want further information on the Community Dental Service, to enrol your child or if you have any specific questions about your child's dental care (a dental therapist will call you back)

**To contact our Call Centre: phone 0800 846 983 / email [commdental@cdhb.health.nz](mailto:commdental@cdhb.health.nz)**

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